

FRIENDS OF RECOVERY

N E W H A M P S H I R E



Weekend Recovery Coach Academy

Recovery Coaches:

Have experience with their own recovery path. They are allies and mentors who help others:

- ❖ Create a personal vision for recovery.
- ❖ Identify and remove barriers.
- ❖ Access community resources.

When: March 1 & 2 (5:30-8:30 pm) 3 & 4 (8:30 am-4: 30 pm) **AND** March 8 (5:30-8:30pm), 9 & 10 (8:30 am-4: 30 pm)

Where: Families in Transition/
Family Willows 161 S. Beech St.,
Manchester, NH

Learn:

- ❖ The roles and functions of a recovery coach
- ❖ The components, core values and guiding principles of recovery
- ❖ Skills to enhance relationships
- ❖ Motivational Interviewing techniques
- ❖ Wellness planning

COST: \$500.00 / includes:

- ❖ Connecticut Community on Addiction Recovery (CCAR) Recovery Coach Academy Training
- ❖ Program Materials

(Ask about scholarship availabilities)

Registration Deadline: February 13, 2012

Applications via: friendsofrecoverynh@gmail.com OR

www.recoverynh.com

For more information: 603-669-7900